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Dr. Kaushal Patel

Elite Hemat Onco Care Centre: Advanced Personalized Cancer Care in Surat's Daycare Setting

tional faculty member at oncology conferences. The center's strength lies in its personalized approach. Using advanced diagnostics like Next-Generation Sequencing (NGS), doctors tailor treatment plans to each patient's unique genetic profile. This precision medicine ensures the most effective therapies, including chemotherapy, immunotherapy, targeted therapy, and hormonal therapy.

Elite Hemat Onco Care Centre has embraced the daycare model of cancer treatment, enabling patients to receive complex therapies in a comfortable, sterile environment without prolonged hospital stays. The facility features HEPA-filtered air systems to protect immunocompromised patients and offers Paxman scalp cooling technology to reduce chemotherapy-induced hair loss, significantly improving patient comfort and quality of life.

Accredited by the National Accreditation Board for Hospitals & Healthcare Providers (NABH), the center reflects great standards of healthcare exposure. With over 12,000 patients treated and 63,000 chemotherapy sessions administered, Elite Hemat Onco Care Centre remains a beacon of hope for cancer patients in Surat.

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Surat's Elite Hemat Onco Care Centre, located in Nanpura, aims to set the standard for advanced, patient-focused cancer treatment in 2025. Established in 2013 by Dr. Kaushal B. Patel one of the city's first DM Medical Oncologist—the center is renowned for combining innovative technology with compassionate care.

Under Dr. Patel's leadership, a multidisciplinary team specializes in treating a wide range of cancers, including hematological malignancies and solid tumors. With over two decades of experience, Dr. Patel has earned accolades such as the "Best Oncologist in South Gujarat" and serves as a national and interna-

Hearing Loss: The Silence We Often Ignore

Shravan Shruti Program Brings Sound and Hope to Young Lives

There is a kind of silence that does not just quiet the world—it slowly distances a person from it. Hearing loss, often invisible, continues to affect millions across India, leaving many disconnected from conversations, emotions, and everyday life.

Experts highlight that over 6.3 crore Indians live with significant hearing impairment. In children, even a small delay in diagnosis can impact speech, language, and overall development.

This makes newborn hearing screening essential. Every baby should be screened within the first month, with diagnosis confirmed by the third month. Early detection allows timely treatment—sometimes as early as six months of age—helping children develop normal communication skills.

Amid this challenge, the Shravan Shruti Program stands as a powerful ray of hope. Led by Dr. Saumitra Shah, Director of Shruti ENT Hospital and Cochlear Implant Centre and an experienced ENT specialist with over 1,000 cochlear implant surgeries, the initiative provides completely free cochlear implant surgeries to underprivileged children.

A single cochlear implant surgery can cost around ₹7-8 lakhs, making it unaffordable for many families. Through Shravan Shruti, this life-changing treatment—along with post-operative care, auditory verbal therapy, mapping, and long-term rehabilitation—is offered entirely free of cost, giving children a chance they might never otherwise have.

"A cochlear implant is not just about sound—it is about giving life a new voice," says Dr. Shah.



Dr. Saumitra Shah

For many families, the program has transformed silence into milestones—first words, laughter, and the joy of connection.

Hearing loss may be invisible, but its impact is deeply felt. With early screening, timely intervention, and compassionate initiatives like Shravan Shruti, silence can be rewritten into a story of sound, hope, and belonging.

For more information, visit:
Website: www.shrutienthospital.co.in

Health for All: The Foundation of a Prosperous Nation

Dr. Parul Vadgama, an esteemed MD Chest Physician and Professor & Head at Government Medical College, Surat and a Medico Social activist has been a strong advocate for women's well-being, pushing for systemic changes that support their health and rights.

The ancient wisdom of our scriptures reminds us, "Pahalu sukth te jaate narya" – the first happiness is a healthy body. A healthy individual forms the cornerstone of a thriving society, and a healthy society is the bedrock of a prosperous nation. However, in today's fast-paced, modern world, our lifestyles have drifted far from the rhythms of nature. Irregular schedules, poor dietary habits, and sedentary routines have opened the door to a host of diseases, undermining our collective well-being. If individuals are not healthy, society falters; if society is unwell, the nation cannot thrive. Ultimately, this vicious cycle hampers national progress.

To build a healthy nation, we must prioritize the creation of healthy citizens. This mission can be divided into two critical pillars: prevention through awareness and access to quality treatment. The adage "Prevention is better than cure" underscores the need for awareness campaigns promoting healthy lifestyles, balanced nutrition, exercise, sleep, and mental health. Initiatives like the Fit India Movement, championed by Prime Minister Narendra Modi, target obesity—a key risk factor for chronic diseases. Technology, social media, and community health camps can amplify these efforts, fostering a culture of prevention.



Dr. Parul Vadgama

Surat Emerges as a Hub for Advanced Knee Replacement Care

Surat is steadily emerging as a growing centre for advanced orthopedic treatment, particularly in the field of knee replacement surgery, according to leading orthopedic specialist Dr. Manu Sharma. The city is witnessing increasing adoption of modern surgical techniques aimed at improving mobility, reducing recovery time, and enhancing long-term patient outcomes.

Dr. Sharma, who has extensive experience in joint replacement procedures, said the focus of contemporary surgery has moved beyond mere pain relief to restoring natural movement and independence. "The goal of modern knee replacement surgery is not only to relieve pain but to restore natural movement and help patients return to an active, independent life as quickly as possible," he said.

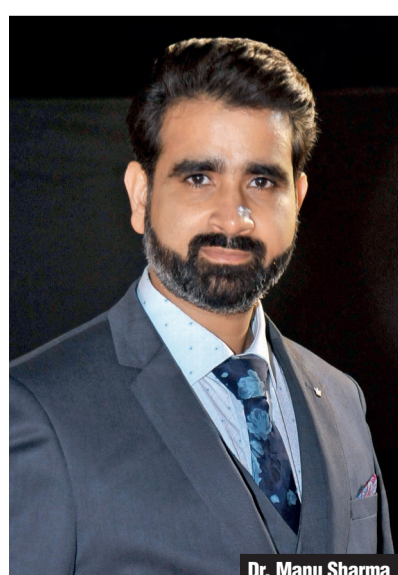
He further emphasized the importance of individualized treatment planning, noting that each patient's surgical approach must be tailored according to age, bone quality, lifestyle,

and overall health condition. He added that advances in minimally invasive techniques and improved implant materials are contributing to reduced hospital stays and faster rehabilitation.

THE CLINIC
(Solaris Kode)

According to Dr. Sharma, rising awareness among patients and continued improvements in healthcare infrastructure are driving higher demand for joint replacement procedures across Gujarat, with Surat emerging as a key destination. He also highlighted the role of training initiatives and surgical demonstrations in enhancing the skills of young orthopedic surgeons in the region.

Experts note that the region's healthcare ecosystem is evolving rapidly, positioning Surat as an



Dr. Manu Sharma

important hub for specialized orthopedic care in India. As innovation and expertise continue to grow, the city is expected to play a larger role in advanced joint replacement services in the coming years.

MICRO-TESE: A NEW HOPE FOR MEN WITH ZERO SPERM COUNT

Infertility affects 1 in 10 couples globally (WHO). In 30% of cases, male factors are responsible, and about 1% of men have azoospermia (zero sperm count), making natural conception impossible. Male infertility is no longer a silent struggle, with advances in reproductive medicine improving outcomes. Dr. Pooja Nadkarni Singh, fertility specialist at Nimaaya, Surat, and senior embryologist Dr. Prabhakar Singh highlight Micro-TESE as a breakthrough. This microsurgical technique retrieves sperm from testicular tissue, enabling IVF/ICSI and offering hope for biological parenthood in severe male infertility cases.

Can men also be responsible for infertility? Is treatment possible?

Yes, infertility affects both partners. Male infertility can result from low or zero sperm count. The good news is that effective treatments are available today.

What types of male infertility are commonly seen?

Many men present with very low sperm count or azoospermia. While IVF with donor



Dr. Pooja Nadkarni Singh

sperm is an option, many couples prefer a biological child.

What is done in such cases?

Initially, procedures like TESA (Testicular Sperm Extraction) are used to retrieve sperm directly from the testes.

What if TESA does not work?

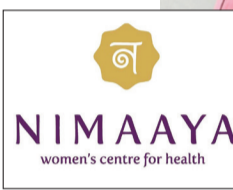
That's where Micro-TESE becomes important. It is an advanced microsurgical technique that helps locate even tiny areas producing sperm using high-powered microscopes.

How effective is Micro-TESE?

It requires patience and precision. Sometimes it takes hours to find even a few sperm, but even a small number can be enough for IVF with ICSI to achieve pregnancy.

Micro-TESE is not just a procedure—it represents hope. With experienced specialists and advanced technology at centres like Nimaaya, couples facing zero sperm count now have a real chance at biological parenthood.

For more details visit:
www.nimaaya.com
Nimaaya centres are available across Gujarat at Surat, Vadodra and Ahmedabad



CUREMYALLERGY.COM: BRINGING EXPERT ALLERGY CARE ONLINE WITH NEUTRAL TESTING HUBS

Allergies are on the rise worldwide, making accessible and accurate diagnosis more critical than ever. CureMyAllergy.com, based in Surat, Gujarat, is directing a new era of allergy care by combining online consultations with independent testing centers, putting patients' convenience and trust first.

Leveraging over two decades of clinical experience, CureMyAllergy.com connects patients with qualified allergists through online consultations. Individuals can discuss symptoms, medical history, and risk factors from the comfort of their home, with treatment plans or testing instructions delivered directly to them. This digital-first approach eliminates geographical barriers and reduces travel and waiting times for patients.

What sets CureMyAllergy apart is its neutral allergy testing centers. Located at Sargam Shopping Center, these standalone facilities focus purely on accurate diagnosis—using skin prick tests, patch tests, and supervised oral food challenges—without any influence from prescriptions or pharmaceutical bias. Such impartial testing ensures that patients receive reliable results, forming the foundation for personalized treatment.

Comprehensive diagnostics allow allergists to identify specific triggers, which then guide tailored therapies including immunotherapy, lifestyle modifications, and emergency action plans. Evidence-based immunotherapy helps patients gradually reduce sensitivity to allergens like pollen, dust mites, or insect bites, while education and resources empower them to handle acute allergic reactions safely.

The combined model of digital consultation and independent testing provides transparency, personalization,



Dr. Samir Gami

and convenience, making expert allergy care more accessible to patients across India. By prioritizing science-driven results and patient experience, CureMyAllergy.com is aiming to set benchmark for the future of allergy treatment—where access, accuracy, and trust converge seamlessly.

CureMyAllergy.com's approach demonstrates that allergy care can be both rigorous and patient-centric, showing the way forward in India's evolving healthcare landscape.

Colorectal Cancer: Rising Incidence and Better Detection

Dr. Dhaval Mangukiya is a highly experienced liver transplant surgeon known for his expertise in gastrointestinal and hepato-pancreato-biliary (HPB) surgery. With years of specialized training, he is committed to delivering advanced, patient-centered care for complex digestive and liver diseases.

Colorectal cancer, which affects the colon and rectum, is emerging as a growing health concern in India. Traditionally seen in older adults, it is now increasingly being diagnosed in younger individuals. This trend raises a critical question: are cases truly rising, or are we simply detecting them better?

The answer lies in both. On one hand, improved medical access has led to earlier and more accurate diagnosis. Tools like colonoscopy, advanced imaging, and routine health check-ups allow doctors to detect cancer at an early, often curable stage. This is a positive development.

However, there is also a genuine increase in risk driven by modern lifestyles. Diets low in fiber and high in processed foods, lack of physical

activity, obesity, smoking, alcohol consumption, and rising stress levels are all contributing factors. These habits, especially common in urban populations, are increasing susceptibility to colorectal cancer.

Early symptoms are often ignored or mistaken for minor issues like piles or indigestion. Warning signs include blood in stool, persistent changes in bowel habits, unexplained weight loss, fatigue, and abdominal discomfort.

Screening is crucial. Individuals over 45, those with a family history, or anyone with persistent symptoms should undergo evaluation. Colonoscopy not only detects cancer early but can also prevent it by removing precancerous polyps.

The key message is simple: early detection saves lives. Awareness, timely screening, and healthier lifestyle choices can significantly reduce the burden of colorectal cancer.

For more information, visit:
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Dr. Dhaval Mangukiya

How AI Will Transform Patient Care by 2035

Dr. Alok Shah, physician and critical care specialist believes that artificial intelligence will redefine how we experience healthcare in the coming decade. While many people remain uncertain about AI's impact on jobs and society, the future looks remarkably promising for patients. By 2035, AI is expected to revolutionize diagnosis, treatment,

monitoring, and recovery—making healthcare safer, faster, and more personalized.

A NEW ERA IN DIABETES CARE

For millions living with diabetes, the fear of frequent pricks and injections may soon disappear. AI-enabled implantable devices beneath the skin will continuously monitor blood sugar and automatically deliver insulin based on real-time algorithms, offering painless and precise glucose control.

SHARPER DIAGNOSIS THROUGH RADIOLOGY

AI-powered imaging tools will analyze X-rays, MRIs, and CT scans with accuracy, identifying cancers, strokes,

and fractures far earlier than conventional methods. Confusing diagnostic scenarios will be resolved within seconds, reducing delays and improving outcomes.

BREAKTHROUGHS IN CANCER DETECTION AND TREATMENT

Advanced AI systems will interpret MRI, CT, CT-PET, and mammography scans with unmatched precision. Liquid biopsies powered by AI will detect cancer through circulating tumor DNA, eliminating the need for invasive tests. Personalized chemotherapy and radiation plans—tailored to a patient's genetic profile—will become the standard of care.

AI-ASSISTED SURGERIES AND LIFESAVING ICU CARE

AI-guided robotic surgeries will minimize tissue damage, speed up healing, and reduce complications. In emergency and ICU settings, AI will support rapid diagnosis, optimal antibiotic selection, and refined ventilator strategies—leading to quicker recovery and reduced financial burdens.



Dr. Alok Shah

SMARTER EVERYDAY HEALTHCARE

From AI-powered wearables and remote monitoring to mental-health apps and elderly care robots, AI will bring continuous, accessible support to patients everywhere.

By 2035, AI will make healthcare more proactive, accurate, and compassionate—ensuring longer, healthier lives for all.

